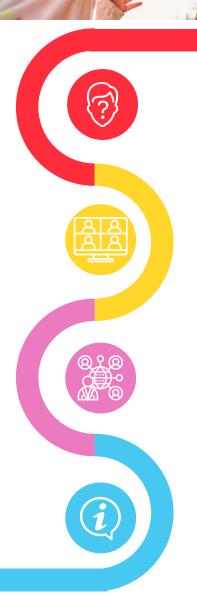
# The Active-Prem study is looking for enthusiastic individuals to take part in a project aiming to design online programs to support parents and coaches to improve physical activity participation for preschool age children who were born early or preterm.



## Who can be involved?

**Healthcare professionals** working with preschool age children (**3-5 years**) who were born very preterm (**<32 weeks' gestation**) and their families.

### What would I need to do?

Participate in 7-10 online meetings over 4-5 months. Be willing to share your experiences, opinions, and perspectives to collaboratively design (co-design) a program as part of a team.

# What experience do I need?

No experience is needed! Just bring your enthusiasm. All codesign team members will be up-skilled throughout the process.

# Other important information.

You will be compensated for your time. This project has ethics approval from the University of Melbourne Human Research and Ethics Committee (Ethics ID number: 29014).

### Want to know more?

Register your interest: https://redcap.link/active-prem-codesign



